

| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|-------------------------------------|--------------------------------|--------------------|------------|--------------|-----------------|
| 1 | 50 | ∞ | 00:15:07 | ZAROUAL, AYOUB | SAYMA NIJAR | SENIOR MASCULINO | 1 | 03':15" | 18,44 Km/H |
| 2 | 51 | ∞ | 00:15:56 | LAHSAINI, ZAKARIA | SAYMA NIJAR | SENIOR MASCULINO | 2 | 03':25" | 17,49 Km/H |
| 3 | 19 | ∞ | 00:16:55 | Lopez Villafranca, Víctor | c.t.salinas car | MASTER A MASCULINO | 1 | 03':38" | 16,48 Km/H |
| 4 | 49 | ∞ | 00:17:26 | BENSADA, NABIL | SAYMA NIJAR | SENIOR MASCULINO | 3 | 03':44" | 16,00 Km/H |
| 5 | 8 | ∞ | 00:17:35 | García Beltrán, Miguel Angel | C.D Aqueatacamos | MASTER A MASCULINO | 2 | 03':46" | 15,86 Km/H |
| 6 | 47 | ∞ | 00:18:18 | SAHEL, SALAH | SAYMA NIJAR | SENIOR MASCULINO | 4 | 03':56" | 15,24 Km/H |
| 7 | 7 | ∞ | 00:20:19 | flores piñero, antonio jose | pulso running | MASTER A MASCULINO | 3 | 04':22" | 13,73 Km/H |
| 8 | 48 | ∞ | 00:20:33 | NOURDDINE, HALIM | SAYMA NIJAR | JUVENIL MASCULINO | 1 | 04':25" | 13,57 Km/H |
| 9 | 42 | ∞ | 00:20:44 | MARTINEZ GONZALEZ, FRANCISCO JAVIER | | MASTER A MASCULINO | 4 | 04':27" | 13,46 Km/H |
| 10 | 20 | ∞ | 00:20:54 | Martín Medrano, Juan Francisco | | SENIOR MASCULINO | 5 | 04':29" | 13,34 Km/H |
| 11 | 37 | ∞ | 00:21:31 | MARTINEZ LOZANO, ANGEL LUIS | | MASTER A MASCULINO | 5 | 04':37" | 12,96 Km/H |
| 12 | 21 | ∞ | 00:21:43 | MORENO HOCES, SERGIO | CT M1 SALINAS CAR | MASTER B MASCULINO | 1 | 04':40" | 12,84 Km/H |
| 13 | 24 | ∞ | 00:21:44 | Rodríguez Giménez, Juan Francisco | DE BEN - ADUX | MASTER B MASCULINO | 2 | 04':40" | 12,83 Km/H |
| 14 | 35 | ∞ | 00:21:45 | CALDERON JIMENEZ, FRANCISCO | | MASTER B MASCULINO | 3 | 04':40" | 12,82 Km/H |
| 15 | 22 | ∞ | 00:22:25 | Murillo Martínez, David | INDEPENDIENTE | SENIOR MASCULINO | 6 | 04':49" | 12,44 Km/H |
| 16 | 18 | ∞ | 00:22:50 | López Miralles, Alejandro | | SENIOR MASCULINO | 7 | 04':54" | 12,22 Km/H |



I SAN SILVESTRE DE BENAHDUX

20 Diciembre 2023



I SAN SILVESTRE BENAHDUX 2023

sábado 30/12/23 18:28

| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|------------------------------------|--------------------------------|--------------------|------------|--------------|-----------------|
| 17 | 25 | ∞ | 00:24:33 | Siles Gongora, Miguel Luis | C. D. Siempre Fuerte | MASTER B MASCULINO | 4 | 05':16" | 11,36 Km/H |
| 18 | 46 | ∞ | 00:25:06 | BENRAHMA, MOHAMED | SAYMA NIJAR | JUVENIL MASCULINO | 2 | 05':23" | 11,11 Km/H |
| 19 | 9 | ∞ | 00:25:06 | Gazquez rosales, Elisabeth | | MASTER A FEMENINO | 1 | 05':23" | 11,11 Km/H |
| 20 | 34 | ∞ | 00:26:00 | RODRIGUEZ SILVENTE, Francisco José | | MASTER A MASCULINO | 6 | 05':35" | 10,73 Km/H |
| 21 | 36 | ∞ | 00:27:08 | HARO CRUZ, ANTONIO | | MASTER A MASCULINO | 7 | 05':50" | 10,28 Km/H |
| 22 | 45 | ∞ | 00:27:18 | CHECOFI, AMAL | SAYMA NIJAR | JUVENIL FEMENINO | 1 | 05':52" | 10,22 Km/H |
| 23 | 30 | ∞ | 00:27:19 | ORTIZ MATEO, FRANCISCO | | MASTER A MASCULINO | 8 | 05':52" | 10,21 Km/H |
| 24 | 60 | ∞ | 00:28:30 | SANCHEZ HERRERA, NATALIA | | SENIOR FEMENINO | 1 | 06':07" | 9,78 Km/H |
| 25 | 28 | ∞ | 00:28:36 | VIDAL ÁLVAREZ, JULIA MARÍA | | MASTER A FEMENINO | 2 | 06':09" | 9,75 Km/H |
| 26 | 27 | ∞ | 00:28:56 | Vargas Uribe, Beatriz | INDEPENDIENTE | MASTER A FEMENINO | 3 | 06':13" | 9,64 Km/H |
| 27 | 6 | ∞ | 00:28:57 | Domínguez Expósito, Sergio | INDEPENDIENTE | MASTER A MASCULINO | 9 | 06':13" | 9,64 Km/H |
| 28 | 17 | ∞ | 00:28:58 | López Exposito, Melania | INDEPENDIENTE | SENIOR FEMENINO | 2 | 06':13" | 9,63 Km/H |
| 29 | 10 | ∞ | 00:29:43 | GÓMEZ ALMODÓVAR, IRENE | | SENIOR FEMENINO | 3 | 06':23" | 9,39 Km/H |
| 30 | 13 | ∞ | 00:29:43 | Hidalgo Gómez, María del mar | | MASTER A FEMENINO | 4 | 06':23" | 9,38 Km/H |
| 31 | 23 | ∞ | 00:29:44 | PLAZA ALMODÓVAR, LUCIA | | SENIOR FEMENINO | 4 | 06':23" | 9,38 Km/H |
| 32 | 11 | ∞ | 00:29:46 | GÓMEZ ALMODÓVAR, LIDIA | | SENIOR FEMENINO | 5 | 06':24" | 9,37 Km/H |



| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|-----------------------------------|--------------------------------|--------------------|------------|--------------|-----------------|
| 33 | 14 | ∞ | 00:31:23 | Hidalgo Gómez, Miguel Ángel | | MASTER A MASCULINO | 10 | 06':44" | 8,89 Km/H |
| 34 | 33 | ∞ | 00:31:39 | LOPEZ DE LAS HERAS, ROCIO | | MASTER A FEMENINO | 5 | 06':48" | 8,81 Km/H |
| 35 | 32 | ∞ | 00:32:48 | AVILA PARRA, MARIA ISABEL | | MASTER A FEMENINO | 6 | 07':03" | 8,50 Km/H |
| 36 | 41 | ∞ | 00:37:50 | MARTINEZ RODRIGUEZ , ISABEL | | MASTER A FEMENINO | 7 | 08':08" | 7,37 Km/H |
| 37 | 40 | ∞ | 00:37:51 | MARTINEZ RODDRIGUEZ, VERONICA | | MASTER A FEMENINO | 8 | 08':08" | 7,37 Km/H |
| 38 | 43 | ∞ | 00:38:16 | ESPINOSA CORTES, CONCHI | | MASTER A FEMENINO | 9 | 08':13" | 7,29 Km/H |
| 39 | 3 | ∞ | 00:38:23 | Almecija Alonso, Juan | | MASTER A MASCULINO | 11 | 08':15" | 7,27 Km/H |
| 40 | 38 | ∞ | 00:40:48 | GOMEZ LAX, NURIA | | INFANTIL FEMENINO | 1 | 08':46" | 6,84 Km/H |
| 41 | 44 | ∞ | 00:40:49 | MARQUEZ MARQUEZ, ANTONIO JESUS | | CADETE MASCULINO | 1 | 08':46" | 6,84 Km/H |
| 42 | 39 | ∞ | 00:40:51 | MARTINEZ SALAS, NURIA | | INFANTIL FEMENINO | 2 | 08':47" | 6,83 Km/H |
| 43 | 12 | ∞ | 00:40:53 | Gómez Lax, Ana Maria | Benahadux | JUVENIL FEMENINO | 2 | 08':47" | 6,82 Km/H |
| 44 | 31 | ∞ | 00:40:55 | LAX GIMENEZ, NOELIA | | MASTER A FEMENINO | 10 | 08':47" | 6,82 Km/H |
| 45 | 15 | ∞ | 00:40:59 | Jiménez Fernández, Francisco José | Benahadux | MASTER A MASCULINO | 12 | 08':48" | 6,81 Km/H |
| 46 | 16 | ∞ | 00:41:15 | Lax Martin, Nuria | Benahadux | MASTER A FEMENINO | 11 | 08':52" | 6,76 Km/H |
| 47 | 1 | ∞ | 00:43:07 | Aguilera López, Jose Manuel | Benahadux | INFANTIL MASCULINO | 1 | 09':16" | 6,47 Km/H |

GENERAL FEMENINA

| Posición | Dorsal | Nombre | Equipo / Club | P.Cat | CATEGORIA | T.Real | T.Oficial | Min/Km |
|----------|--------|-------------------------------|---------------|-------|-------------------|----------|-----------------|--------|
| 1 | 9 | Gazquez rosales, Elisabeth | | 1 | MASTER A FEMENINO | 00:25:05 | 00:25:06 | 5:23 |
| 2 | 45 | CHECOFI, AMAL | SAYMA NIJAR | 1 | JUVENIL FEMENINO | 00:27:18 | 00:27:18 | 5:52 |
| 3 | 60 | SANCHEZ HERRERA, NATALIA | | 1 | SENIOR FEMENINO | 00:28:30 | 00:28:30 | 6:07 |
| 4 | 28 | VIDAL ÁLVAREZ, JULIA MARÍA | | 2 | MASTER A FEMENINO | 00:28:35 | 00:28:36 | 6:09 |
| 5 | 27 | Vargas Uribe, Beatriz | INDEPENDIENTE | 3 | MASTER A FEMENINO | 00:28:52 | 00:28:56 | 6:13 |
| 6 | 17 | López Exposito, Melania | INDEPENDIENTE | 2 | SENIOR FEMENINO | 00:28:49 | 00:28:58 | 6:13 |
| 7 | 10 | GÓMEZ ALMODÓVAR, IRENE | | 3 | SENIOR FEMENINO | 00:29:40 | 00:29:43 | 6:23 |
| 8 | 13 | Hidalgo Gómez, María del mar | | 4 | MASTER A FEMENINO | 00:29:41 | 00:29:43 | 6:23 |
| 9 | 23 | PLAZA ALMODÓVAR, LUCIA | | 4 | SENIOR FEMENINO | 00:29:41 | 00:29:44 | 6:23 |
| 10 | 11 | GÓMEZ ALMODÓVAR, LIDIA | | 5 | SENIOR FEMENINO | 00:29:42 | 00:29:46 | 6:24 |
| 11 | 33 | LOPEZ DE LAS HERAS, ROCIO | | 5 | MASTER A FEMENINO | 00:31:39 | 00:31:39 | 6:48 |
| 12 | 32 | AVILA PARRA, MARIA ISABEL | | 6 | MASTER A FEMENINO | 00:32:47 | 00:32:48 | 7:03 |
| 13 | 41 | MARTINEZ RODRIGUEZ , ISABEL | | 7 | MASTER A FEMENINO | 00:37:46 | 00:37:50 | 8:08 |
| 14 | 40 | MARTINEZ RODDRIGUEZ, VERONICA | | 8 | MASTER A FEMENINO | 00:37:46 | 00:37:51 | 8:08 |
| 15 | 43 | ESPINOSA CORTES, CONCHI | | 9 | MASTER A FEMENINO | 00:38:11 | 00:38:16 | 8:13 |
| 16 | 38 | GOMEZ LAX, NURIA | | 1 | INFANTIL FEMENINO | 00:40:48 | 00:40:48 | 8:46 |
| 17 | 39 | MARTINEZ SALAS, NURIA | | 2 | INFANTIL FEMENINO | 00:40:51 | 00:40:51 | 8:47 |
| 18 | 12 | Gómez Lax, Ana Maria | Benahadux | 2 | JUVENIL FEMENINO | 00:40:47 | 00:40:53 | 8:47 |

ORGANIZA



I SAN SILVESTRE DE BENAHDUX

20 Diciembre 2023

PATROCINA



AYTO.
BENAHDUX

I SAN SILVESTRE BENAHDUX 2023

GENERAL FEMENINA

| Posición | Dorsal | Nombre | Equipo / Club | P.Cat | CATEGORIA | T.Real | T.Oficial | Min/Km |
|----------|--------|---------------------|---------------|-------|-------------------|----------|-----------|--------|
| 19 | 31 | LAX GIMENEZ, NOELIA | | 10 | MASTER A FEMENINO | 00:40:49 | 00:40:55 | 8:48 |
| 20 | 16 | Lax Martin, Nuria | Benahadux | 11 | MASTER A FEMENINO | 00:41:08 | 00:41:15 | 8:52 |

GENERAL MASCULINA

| Posición | Dorsal | Nombre | Equipo / Club | P.Cat | CATEGORIA | T.Real | T.Oficial | Min/Km |
|----------|--------|-------------------------------------|----------------------|-------|--------------------|----------|-----------------|--------|
| 1 | 50 | ZAROUAL, AYOUB | SAYMA NIJAR | 1 | SENIOR MASCULINO | 00:15:07 | 00:15:07 | 3:15 |
| 2 | 51 | LAHSAINI, ZAKARIA | SAYMA NIJAR | 2 | SENIOR MASCULINO | 00:15:56 | 00:15:56 | 3:25 |
| 3 | 19 | Lopez Villafranca, Víctor | c.t.salinas car | 1 | MASTER A MASCULINO | 00:16:55 | 00:16:55 | 3:38 |
| 4 | 49 | BENSADA, NABIL | SAYMA NIJAR | 3 | SENIOR MASCULINO | 00:17:26 | 00:17:26 | 3:44 |
| 5 | 8 | García Beltrán, Miguel Angel | C.D Aqueatacamos | 2 | MASTER A MASCULINO | 00:17:35 | 00:17:35 | 3:47 |
| 6 | 47 | SAHEL, SALAH | SAYMA NIJAR | 4 | SENIOR MASCULINO | 00:18:18 | 00:18:18 | 3:56 |
| 7 | 7 | flores piñero, antonio jose | pulso running | 3 | MASTER A MASCULINO | 00:20:17 | 00:20:19 | 4:22 |
| 8 | 48 | NOURDDINE, HALIM | SAYMA NIJAR | 1 | JUVENIL MASCULINO | 00:20:33 | 00:20:33 | 4:25 |
| 9 | 42 | MARTINEZ GONZALEZ, FRANCISCO JAVIER | | 4 | MASTER A MASCULINO | 00:20:40 | 00:20:44 | 4:27 |
| 10 | 20 | Martín Medrano, Juan Francisco | | 5 | SENIOR MASCULINO | 00:20:54 | 00:20:54 | 4:29 |
| 11 | 37 | MARTINEZ LOZANO, ANGEL LUIS | | 5 | MASTER A MASCULINO | 00:21:30 | 00:21:31 | 4:37 |
| 12 | 21 | MORENO HOCES, SERGIO | CT M1 SALINAS CAR | 1 | MASTER B MASCULINO | 00:21:41 | 00:21:43 | 4:40 |
| 13 | 24 | Rodríguez Giménez, Juan Francisco | DE BEN - ADUX | 2 | MASTER B MASCULINO | 00:21:42 | 00:21:44 | 4:40 |
| 14 | 35 | CALDERON JIMENEZ, FRANCISCO | | 3 | MASTER B MASCULINO | 00:21:44 | 00:21:45 | 4:40 |
| 15 | 22 | Murillo Martínez, David | INDEPENDIENTE | 6 | SENIOR MASCULINO | 00:22:20 | 00:22:25 | 4:49 |
| 16 | 18 | López Miralles, Alejandro | | 7 | SENIOR MASCULINO | 00:22:50 | 00:22:50 | 4:54 |
| 17 | 25 | Siles Gongora, Miguel Luis | C. D. Siempre Fuerte | 4 | MASTER B MASCULINO | 00:24:32 | 00:24:33 | 5:16 |

ORGANIZA



I SAN SILVESTRE DE BENAHDUX

20 Diciembre 2023

PATROCINA

AYTO.
BENAHDUX

I SAN SILVESTRE BENAHDUX 2023

GENERAL MASCULINA

| Posición | Dorsal | Nombre | Equipo / Club | P.Cat | CATEGORIA | T.Real | T.Oficial | Min/Km |
|----------|--------|------------------------------------|---------------|-------|--------------------|----------|-----------------|--------|
| 18 | 46 | BENRAHMA, MOHAMED | SAYMA NIJAR | 2 | JUVENIL MASCULINO | 00:25:06 | 00:25:06 | 5:23 |
| 19 | 34 | RODRIGUEZ SILVENTE, Francisco José | | 6 | MASTER A MASCULINO | 00:25:58 | 00:26:00 | 5:35 |
| 20 | 36 | HARO CRUZ, ANTONIO | | 7 | MASTER A MASCULINO | 00:27:05 | 00:27:08 | 5:50 |
| 21 | 30 | ORTIZ MATEO, FRANCISCO | | 8 | MASTER A MASCULINO | 00:27:12 | 00:27:19 | 5:52 |
| 22 | 6 | Domínguez Expósito, Sergio | INDEPENDIENTE | 9 | MASTER A MASCULINO | 00:28:53 | 00:28:57 | 6:13 |
| 23 | 14 | Hidalgo Gómez, Miguel Ángel | | 10 | MASTER A MASCULINO | 00:31:20 | 00:31:23 | 6:44 |
| 24 | 3 | Almecija Alonso, Juan | | 11 | MASTER A MASCULINO | 00:38:17 | 00:38:23 | 8:15 |
| 25 | 44 | MARQUEZ MARQUEZ, ANTONIO JESUS | | 1 | CADETE MASCULINO | 00:40:49 | 00:40:49 | 8:46 |
| 26 | 15 | Jiménez Fernández, Francisco José | Benahadux | 12 | MASTER A MASCULINO | 00:40:56 | 00:40:59 | 8:48 |
| 27 | 1 | Aguilera López, Jose Manuel | Benahadux | 1 | INFANTIL MASCULINO | 00:43:07 | 00:43:07 | 9:16 |

CADETE MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|--------------------------------|---------------|
| 1 | 41 | 44 | 00:40:49 | 8:46 | MARQUEZ MARQUEZ, ANTONIO JESUS | |

INFANTIL FEMENINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-----------------------|---------------|
| 1 | 40 | 38 | 00:40:48 | 8:46 | GOMEZ LAX, NURIA | |
| 2 | 42 | 39 | 00:40:51 | 8:47 | MARTINEZ SALAS, NURIA | |

INFANTIL MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-----------------------------|---------------|
| 1 | 47 | 1 | 00:43:07 | 9:16 | Aguilera López, Jose Manuel | Benahadux |

JUVENIL FEMENINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|----------------------|---------------|
| 1 | 22 | 45 | 00:27:18 | 5:52 | CHECOFI, AMAL | SAYMA NIJAR |
| 2 | 43 | 12 | 00:40:53 | 8:47 | Gómez Lax, Ana Maria | Benahadux |

JUVENIL MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-------------------|---------------|
| 1 | 8 | 48 | 00:20:33 | 4:25 | NOURDDINE, HALIM | SAYMA NIJAR |
| 2 | 18 | 46 | 00:25:06 | 5:23 | BENRAHMA, MOHAMED | SAYMA NIJAR |

MASTER A FEMENINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-------------------------------|---------------|
| 1 | 19 | 9 | 00:25:06 | 5:23 | Gazquez rosales, Elisabeth | |
| 2 | 25 | 28 | 00:28:36 | 6:09 | VIDAL ÁLVAREZ, JULIA MARÍA | |
| 3 | 26 | 27 | 00:28:56 | 6:13 | Vargas Uribe, Beatriz | INDEPENDIENTE |
| 4 | 30 | 13 | 00:29:43 | 6:23 | Hidalgo Gómez, María del mar | |
| 5 | 34 | 33 | 00:31:39 | 6:48 | LOPEZ DE LAS HERAS, ROCIO | |
| 6 | 35 | 32 | 00:32:48 | 7:03 | AVILA PARRA, MARIA ISABEL | |
| 7 | 36 | 41 | 00:37:50 | 8:08 | MARTINEZ RODRIGUEZ , ISABEL | |
| 8 | 37 | 40 | 00:37:51 | 8:08 | MARTINEZ RODDRIGUEZ, VERONICA | |
| 9 | 38 | 43 | 00:38:16 | 8:13 | ESPINOSA CORTES, CONCHI | |
| 10 | 44 | 31 | 00:40:55 | 8:48 | LAX GIMENEZ, NOELIA | |
| 11 | 46 | 16 | 00:41:15 | 8:52 | Lax Martin, Nuria | Benahadux |

MASTER A MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-------------------------------------|------------------|
| 1 | 3 | 19 | 00:16:55 | 3:38 | Lopez Villafranca, Víctor | c.t.salinas car |
| 2 | 5 | 8 | 00:17:35 | 3:47 | García Beltrán, Miguel Angel | C.D Aqueatacamos |
| 3 | 7 | 7 | 00:20:19 | 4:22 | flores piñero, antonio jose | pulso running |
| 4 | 9 | 42 | 00:20:44 | 4:27 | MARTINEZ GONZALEZ, FRANCISCO JAVIER | |
| 5 | 11 | 37 | 00:21:31 | 4:37 | MARTINEZ LOZANO, ANGEL LUIS | |
| 6 | 20 | 34 | 00:26:00 | 5:35 | RODRIGUEZ SILVENTE, Francisco José | |
| 7 | 21 | 36 | 00:27:08 | 5:50 | HARO CRUZ, ANTONIO | |
| 8 | 23 | 30 | 00:27:19 | 5:52 | ORTIZ MATEO, FRANCISCO | |
| 9 | 27 | 6 | 00:28:57 | 6:13 | Domínguez Expósito, Sergio | INDEPENDIENTE |
| 10 | 33 | 14 | 00:31:23 | 6:44 | Hidalgo Gómez, Miguel Ángel | |

MASTER A MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-----------------------------------|---------------|
| 11 | 39 | 3 | 00:38:23 | 8:15 | Almecija Alonso, Juan | |
| 12 | 45 | 15 | 00:40:59 | 8:48 | Jiménez Fernández, Francisco José | Benahadux |

MASTER B MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|-----------------------------------|----------------------|
| 1 | 12 | 21 | 00:21:43 | 4:40 | MORENO HOCES, SERGIO | CT M1 SALINAS CAR |
| 2 | 13 | 24 | 00:21:44 | 4:40 | Rodríguez Giménez, Juan Francisco | DE BEN - ADUX |
| 3 | 14 | 35 | 00:21:45 | 4:40 | CALDERON JIMENEZ, FRANCISCO | |
| 4 | 17 | 25 | 00:24:33 | 5:16 | Siles Gongora, Miguel Luis | C. D. Siempre Fuerte |

SENIOR FEMENINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|--------------------------|---------------|
| 1 | 24 | 60 | 00:28:30 | 6:07 | SANCHEZ HERRERA, NATALIA | |
| 2 | 28 | 17 | 00:28:58 | 6:13 | López Exposito, Melania | INDEPENDIENTE |
| 3 | 29 | 10 | 00:29:43 | 6:23 | GÓMEZ ALMODÓVAR, IRENE | |
| 4 | 31 | 23 | 00:29:44 | 6:23 | PLAZA ALMODÓVAR, LUCIA | |
| 5 | 32 | 11 | 00:29:46 | 6:24 | GÓMEZ ALMODÓVAR, LIDIA | |

SENIOR MASCULINO

| Pos.Cat. | P.Gen. | Dorsal | Tiempo | M./Km | Nombre | Equipo / Club |
|----------|--------|--------|----------|-------|--------------------------------|---------------|
| 1 | 1 | 50 | 00:15:07 | 3:15 | ZAROUAL, AYOUB | SAYMA NIJAR |
| 2 | 2 | 51 | 00:15:56 | 3:25 | LAHSAINI, ZAKARIA | SAYMA NIJAR |
| 3 | 4 | 49 | 00:17:26 | 3:44 | BENSADA, NABIL | SAYMA NIJAR |
| 4 | 6 | 47 | 00:18:18 | 3:56 | SAHEL, SALAH | SAYMA NIJAR |
| 5 | 10 | 20 | 00:20:54 | 4:29 | Martín Medrano, Juan Francisco | |
| 6 | 15 | 22 | 00:22:25 | 4:49 | Murillo Martínez, David | INDEPENDIENTE |
| 7 | 16 | 18 | 00:22:50 | 4:54 | López Miralles, Alejandro | |

PARTICIPANTES QUE HAN TERMINADO LA CARRERA

| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|------------------------------------|--------------------------------|-----------------------|------------|--------------|-----------------|
| 1 | 53 | ∞ | 00:01:44 | CARRIQUE GARCIA, JAVIER | | INFANTIL MASCULINO | 1 | 03':36" | 16,62 Km/H |
| 2 | 54 | ∞ | 00:01:44 | FERNANDEZ RUEDA, SAMUEL | | INFANTIL MASCULINO | 2 | 03':36" | 16,60 Km/H |
| 3 | 204 | ∞ | 00:01:45 | Cazorla moreno, Joel | | BENJAMIN MASCULINO | 1 | 03':38" | 16,35 Km/H |
| 4 | 216 | ∞ | 00:01:48 | GARCIA MESAS, MIGUEL ANGEL | | INFANTIL MASCULINO | 3 | 03':45" | 16,00 Km/H |
| 5 | 239 | ∞ | 00:01:52 | TRUJILLO RODRIGUEZ, MANUEL | | ALEVIN MASCULINO | 1 | 03':53" | 15,35 Km/H |
| 6 | 58 | ∞ | 00:01:54 | MAGAÑA COMAN, JUAN | | BENJAMIN MASCULINO | 2 | 03':57" | 15,16 Km/H |
| 7 | 215 | ∞ | 00:02:01 | Sola Úbeda, César | | BENJAMIN MASCULINO | 3 | 04':12" | 14,21 Km/H |
| 8 | 236 | ∞ | 00:02:03 | ORTIZ LAX, FRANCISCO | | BENJAMIN MASCULINO | 4 | 04':16" | 14,02 Km/H |
| 9 | 217 | ∞ | 00:02:04 | GARCIA MESAS, ENMA | | PREBENJAMIN MASCULINO | 1 | 04':18" | 13,94 Km/H |
| 10 | 224 | ∞ | 00:02:06 | MARTINEZ MARTINEZ, ANDRES | | PREBENJAMIN MASCULINO | 2 | 04':22" | 13,62 Km/H |
| 11 | 221 | ∞ | 00:02:09 | ORTIZ LAX, ARIAZNA | | ALEVIN FEMENINO | 1 | 04':28" | 13,38 Km/H |
| 12 | 202 | ∞ | 00:02:09 | Almecija Espinosa, Emma Concepcion | | PREBENJAMIN FEMENINO | 1 | 04':28" | 13,30 Km/H |
| 13 | 234 | ∞ | 00:02:10 | MARTINEZ MARTINZ, PATRICIA | | BENJAMIN FEMENINO | 1 | 04':30" | 13,28 Km/H |
| 14 | 56 | ∞ | 00:02:10 | CASTILLO HERNANDEZ, JESUS | | ALEVIN MASCULINO | 2 | 04':30" | 13,22 Km/H |
| 15 | 208 | ∞ | 00:02:12 | GARCIA ALMANSA, JAVIER | | BENJAMIN MASCULINO | 5 | 04':35" | 13,05 Km/H |
| 16 | 219 | ∞ | 00:02:14 | RODRIGUEZ FERNANDEZ, CAYETANA | | PREBENJAMIN FEMENINO | 2 | 04':39" | 12,81 Km/H |

| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|--------------------------------|--------------------------------|-----------------------|------------|--------------|-----------------|
| 17 | 238 | ∴ | 00:02:15 | TRUJILLO RODRIGUEZ, LARA | | BENJAMIN FEMENINO | 2 | 04':41" | 12,74 Km/H |
| 18 | 203 | ∴ | 00:02:15 | Almecija Espinosa, Sofia Lola | | PREBENJAMIN FEMENINO | 3 | 04':41" | 12,73 Km/H |
| 19 | 57 | ∴ | 00:02:16 | MAGAÑA COMAN, CORNEL | | INFANTIL MASCULINO | 4 | 04':43" | 12,71 Km/H |
| 20 | 213 | ∴ | 00:02:17 | Rodríguez solbas, Leyre | | PREBENJAMIN FEMENINO | 4 | 04':45" | 12,57 Km/H |
| 21 | 231 | ∴ | 00:02:17 | SALVADOR EXPOSITO, DIEGO | | BENJAMIN MASCULINO | 6 | 04':45" | 12,55 Km/H |
| 22 | 207 | ∴ | 00:02:28 | GARCIA ALMANSA, SOFIA | | PREBENJAMIN FEMENINO | 5 | 05':08" | 11,66 Km/H |
| 23 | 230 | ∴ | 00:02:29 | MARTINEZ JOSE, ALICIA | | PREBENJAMIN FEMENINO | 6 | 05':10" | 11,56 Km/H |
| 24 | 211 | ∴ | 00:02:32 | Malpica Visiedo, Antonio Jesús | | PREBENJAMIN MASCULINO | 3 | 05':16" | 11,34 Km/H |
| 25 | 235 | ∴ | 00:02:33 | MARTINEZ MARTINEZ, ADRIAN | | PREBENJAMIN MASCULINO | 4 | 05':18" | 11,25 Km/H |
| 26 | 229 | ∴ | 00:02:34 | ROS MORALES, GABRIELA | | PREBENJAMIN FEMENINO | 7 | 05':20" | 11,22 Km/H |
| 27 | 209 | ∴ | 00:02:35 | Hidalgo Imbarato, Valeria | | BENJAMIN FEMENINO | 3 | 05':22" | 11,11 Km/H |
| 28 | 232 | ∴ | 00:02:42 | MARQUEZ MARQUEZ, ANABELN | | BENJAMIN FEMENINO | 4 | 05':37" | 10,60 Km/H |
| 29 | 233 | ∴ | 00:02:44 | IBAÑEZ CARREÑO, ARTURO | | PREBENJAMIN MASCULINO | 5 | 05':41" | 10,50 Km/H |
| 30 | 227 | ∴ | 00:02:44 | REINA MARTINEZ, YERAY | | ALEVIN MASCULINO | 3 | 05':41" | 10,49 Km/H |
| 31 | 228 | ∴ | 00:02:45 | REINA MARTINEZ, DARIO | | PREBENJAMIN MASCULINO | 6 | 05':43" | 10,43 Km/H |
| 32 | 225 | ∴ | 00:02:45 | AGUILERA LOPEZ, CRISTIAN | | PREBENJAMIN MASCULINO | 7 | 05':43" | 10,43 Km/H |



I SAN SILVESTRE DE BENAHADUX

20 Diciembre 2023



MENORES I SAN SILVESTRE BENAHADUX 2023

sábado 30/12/23 18:27

| <i>puesto</i> | <i>dorsal</i> | <i>parcial</i> | <i>tiempo</i> | <i>nombre participante</i> | <i>club,asoc.,equipo,,ect.</i> | <i>categoria</i> | <i>CAT</i> | <i>ritmo</i> | <i>km. hora</i> |
|---------------|---------------|----------------|---------------|-----------------------------------|--------------------------------|-----------------------|------------|--------------|-----------------|
| 33 | 226 | ∴ | 00:02:47 | HARO HIDALGO, MARIA | | PREBENJAMIN FEMENINO | 8 | 05:47" | 10,34 Km/H |
| 34 | 223 | ∴ | 00:02:49 | LOPEZ RODRIGUEZ, GONZALO | | PREBENJAMIN MASCULINO | 8 | 05:52" | 10,22 Km/H |
| 35 | 222 | ∴ | 00:02:49 | LOPEZ ROS, BLANCA | | PREBENJAMIN FEMENINO | 9 | 05:52" | 10,17 Km/H |
| 36 | 218 | ∴ | 00:03:05 | RODRIGUEZ FERNANDEZ, CANDELA | | PREBENJAMIN FEMENINO | 10 | 06:25" | 9,30 Km/H |
| 37 | 212 | ∴ | 00:03:12 | Murillo López, Rodrigo | | PREBENJAMIN MASCULINO | 9 | 06:40" | 8,98 Km/H |
| 38 | 220 | ∴ | 00:03:16 | CAZORLA MORENO, NAYARA | | ALEVIN FEMENINO | 2 | 06:48" | 8,81 Km/H |
| 39 | 201 | ∴ | 00:03:45 | Aguilera Guirado, Elisabeth María | | INFANTIL FEMENINO | 1 | 07:48" | 7,68 Km/H |
| 40 | 214 | ∴ | 00:03:47 | Sola Úbeda, Zoe | | PREBENJAMIN FEMENINO | 11 | 07:52" | 7,58 Km/H |
| 41 | 237 | ∴ | 00:03:54 | FLORES ROMERO, ANTONIO | | PREBENJAMIN MASCULINO | 10 | 08:07" | 7,36 Km/H |
| 42 | 210 | ∴ | 00:07:44 | Hidalgo Imbarato, Irene | | CADETE FEMENINO | 1 | 16:06" | 3,72 Km/H |
| 43 | 205 | ∴ | 00:11:25 | Cruz Fernández, Leyre | | PREBENJAMIN FEMENINO | 12 | 23:47" | 2,52 Km/H |
| 44 | 55 | ∴ | 00:12:44 | RODRIGUEZ GONZALEZ, JOSE ANTONIO | | ALEVIN MASCULINO | 4 | 26:31" | 2,26 Km/H |

